

# GRAZIA

OR [www.thebeautifying.com.au](http://www.thebeautifying.com.au)  
**KOOLKI** La Pierre Cosmétique Recherche  
Green LTD (0800 491 448)

Make with the rain-dance and phone in with a migraine – it's officially facial season and we're forecasting fluffy robes and spa gazing. Enter the cosy cocoon and emerge anew

Reasons we're **LOVING** WINTER

## HAVE A TOOTH-CIAL

OK, dental whitening isn't bliss a la facial. But tech's come a long way. "It's not the hassle it used to be – there's little discomfort, you just lay back in the chair for 45 minutes or so with a DVD," says dentist Dr Mark Gadeley. Up to eight shades brighter instantly.

**TRY Philips Zoom Whitening**, approx \$1000 (1800 621 448). Get a preview with the Philips Zoom App (on iTunes) – smile for your iPhone and see which shade of white looks right.