



REASONS TO SMILE

Quality
Dentistry
Guaranteed

1. Smiling makes us attractive: We are drawn to people who smile – we want to know a smiling person and figure out what is so good.
2. Smiling can change our mood: Even if we're feeling down, our mood can improve by putting on a smile. Smiling can trick the body into helping us lift our mood.
3. Smiling is contagious: When someone is smiling they lighten up the room and can change the moods of others. As the expression goes, smile and the world smiles with you.
4. Smiling relieves stress: Stress can really show up in our faces and a smile helps us to relax.
5. Smiling improves health: Smiling boosts our immune system and can cause a measurable reduction in blood pressure.
6. Smiling makes us seem successful: Smiling people appear more confident, are more likely to be promoted at work and more likely to be approached by others.
7. Smiling is easier than frowning: The recognition of joy or pleasure involuntary triggers a smile. It takes more muscles and effort to frown.
8. Smiling lifts your face and makes you look years younger, especially after you've had your teeth whitened.

FREE Examination and X-rays (2 Bitewing X-rays)
Call Today! **02 9223 4767**

New Smile, New You!
For All Your Dental Needs